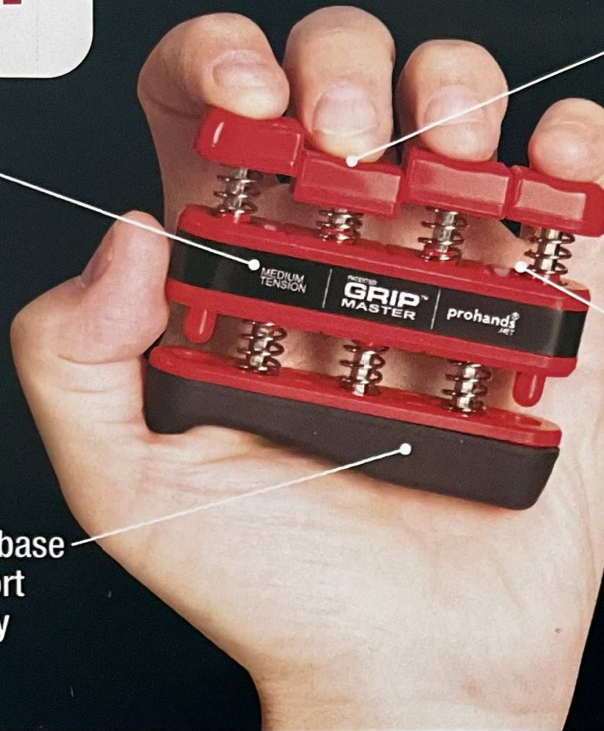


**NO.1 IN THE
WORLD!**

Graduated
resistances
help you
measure
progress

Ergonomic base
adds comfort
and stability



By isolating each
digit, stronger
fingers can't
compensate for
the weaker ones

Spring loaded
finger pressure
is pre-calibrated
for precision



**Your hands are your
direct link to better
performance in sports,
music and all activities.**

**We take great pride that
Prohands is the No.1
choice of professional
athletes, musicians and
hand therapists.**

XX-LIGHT
1.5 lbs

X-LIGHT
3.5 lbs

LIGHT
5.0 lbs

MEDIUM
7.0 lbs

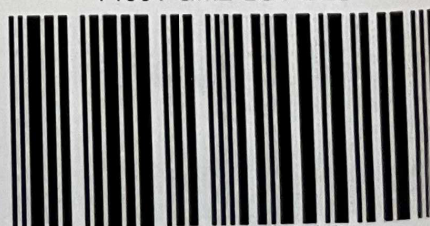
HEAVY
9.0 lbs

IMPORTANT: Hand specialists recommend lower tension and more repetitions rather than higher tension and fewer reps. Exercise slowly and cautiously. If you experience any pain – stop immediately and see your doctor. Incorrect use may cause pain or injury.



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